

Foxdale Highlights

A newsletter for friends of Foxdale Village



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New refundable entry fees provide more options

Notes from Jolene Hulson, Director of Residency Planning

Foxdale Village Board of Directors, administration and residents are planning for the future. This planning must embrace the attitudes and expectations of the Baby Boomer generation, who have higher expectations, want more options, and are willing to indulge themselves as empty nesters and retirees. Planning for this generation involves offering wider choices and more options and Foxdale is doing this in a variety of ways.

The proposed expansion provides our prospective residents with more styles of residential living. They can choose between our existing one-story garden-style apartments or a multi-level apartment building attached to the Community Building, with the convenience of an enclosed walkway. Renovations to the Community Building will enhance the services and amenities that we already provide, as well as offering new amenities such as a Health and Fitness Center and possible future therapy pool that will attract the Foxdale residents of the future.

Foxdale also offers a variety of meal plans, based on a point system. Residents can choose the zero point, 60-point or 90-point plan providing the flexibility to use meal points for whichever meals preferred throughout the month. Residents are able to change meal plans as their needs change. This new service has been well received by

Entry Fee Options

Classic: Our original plan. For the first 90 days of residency 100% of the Entry Fee is refundable. After that the amount of refund decreases by 3% each month. After about 3 years there is no refund.

Classic Plus: 50% refundable Entry Fee, after 10 years refund accrues 4% interest, available to those under age 80

Estate Preservation: 90% refundable entry fee, after 10 years refund accrues 4% interest, available to those under age 80

both new and current residents.

A new financial option this year is the choice of refundable entry fees. We are pleased to offer a 50% and a 90% refundable entry fee, as well as our current reducing refund entry fee. These entry fees offer a prospective resident the option of preserving a portion of their entry fee for their estate and are available for those applicants who are under age 80.

With the new refundable options, a resident or their estate will be guaranteed either a 50% refund (Classic Plus) or a 90% refund (Estate Preservation). In addition, we are offering a unique benefit with these refundable plans. After the 10th year of residency, the Classic Plus and Estate Preservation Plan refundable amount will begin accruing 4% interest per year. These new refundable entry fee options provide future residents the flexibility to meet their expectations and the option

to preserve their estates as they plan for the future.

Foxdale Village is committed to offering a variety of options as we embrace those future Baby Boomers and their preference for individualization and choice. We invite you to call us to schedule an appointment and discuss any questions regarding the new refundable entry fees. We also welcome your ideas and preferences for other options and choices as we continue to plan for the future. ■

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Upcoming Programs

Following is a sampling of the special biweekly events that the Residents' Association Program Committee has planned for the coming months:

November

18th Recital
 Judy Moore Flute
 Howard Palmer Piano

29th Journey from Gospel to Jazz
 Jean Tate Vocals
 Tim Jenkins Piano

December

9th Holiday Season Concert
 Westminster Hand Bell Choir

January

13th Speaker: Bob Heisse
 Editor-in-Chief
 Centre Daily Times

30th Piano Recital
In Memory of Henry Moon
 Arthur Goldstein



OSTERBURG FARM, KATHLEEN MUFFIE WITT

In the Foxdale Gallery

October 16 - December 1, 2008
 Pennsylvania Pastel Society Pastels

January 22 - March 17, 2009

Art Alliance Artists:
 Roxanne Naydan Pastels
 Bob Baumbach Photography

April - May 4, 2009

Art of Ruth Kempner

May 7 - June 22, 2009

Foxdale Artists various media

The Foxdale Art Gallery is located on the second floor of the Community Building. The exhibits are coordinated and produced by the Arts and Acquisitions Committee.

A message from Bill James, Executive Director of Foxdale Village

Board approves master plan concept

On September 4, 2008 the Foxdale Village Board of Directors approved a master plan concept. That plan includes a two to three story apartment neighborhood attached to the Community Building, expansion of our health center to provide a memory support neighborhood and additional assisted living rooms, expansion of our kitchen and café dining areas plus various renovations to our Community Building.

Much work is ahead as we continue through several necessary steps in the master planning process. However, as we look forward it is also important to look back on how the planning work has been reflective of the culture and philosophy of the Foxdale community.

In many ways, Foxdale Village has a reputation for being an inclusive community. Our master planning work has been another example of this inclusiveness. We began with a task force of Board members, staff and residents. In order to receive additional input from members of our

community, we created several subcommittees. The hiring of an architectural firm led to over twenty focus groups involving even more people from the above categories. Ongoing general meetings intended to provide updates and additional opportunities for expressing thoughts and opinions, ideas and concerns have been held throughout the years of planning. In total, we have held approximately 150 meetings.

The energy created around our master planning and this most significant decision in Foxdale Village history has been tremendous. Does each person impacted by the master plan agree with each detail developed to date? No. Should our Foxdale Village community follow its culture and philosophy of respecting the thinking of each person? Yes. Does the Board of Directors, in its decision to move forward with the concept, recognize, respect and honor the variety of opinions? Yes.

Planning for the future of an organization is a process. Informing and educating all people impacted by the steps into the future is a process. I am proud of Foxdale Village and its inclusiveness. This is an exciting time. As we take the next steps, I hope you see yourself as a member of this community, which seeks and respects the thinking of each individual. ■

The Foxdale Village Board of Directors approved a master plan concept that includes a two to three story apartment neighborhood attached to the Community Building, expansion of our health center to provide a memory support neighborhood and additional assisted living rooms... plus various renovations to our Community Building.



Foxdale is ahead of the game!

By Marcia Barrabee, Foxdale resident



Photo by Joshua Kaffer

We have invested in a Nintendo Wii video game system whose popularity already extends beyond the teen gaming set and is fast becoming a part of life here at Foxdale. The usual stretching and lifting exercises that sustain strength are sometimes boring and painful but using the game console's unique, motion-sensitive controller, Wii games such as bowling and tennis require body movements similar to traditional therapy. We become so engrossed in either team or single competition against the opponent on the screen that we are oblivious to the rigors of the task.

The latest Wii bowling championship, drawing team members from both assisted living and residential living areas, is another example of Foxdale's methods of keeping residents active and engaged across our population. It's a creative use of technology—and it's fun! ■

Foxdale Village makes headlines

Have you seen Foxdale in the news lately?

- We were recently named the “**Best Retirement Community**” by readers of *State College Magazine* in their Best of State College 2008 readership poll. They stated that “since the State College vicinity is one of the most popular retirement spots in the country, Foxdale Village, logically should be considered among the best of its ilk nationwide.” We are proud to be held in such high regard in the Centre County region. To see the other “Best of” winners pick up a copy of the November issue of *State College Magazine*.
- In May, *AOL Money and Finance* listed Foxdale Village as one of the 16 best retirement communities in the nation.



Virtual Bowling league champions Jean Carpenter, Russ Tuttle and Marcia Barrabee display their winning team's trophy.



Players use the Wii remote to simulate rolling the bowling ball down the alley to hit the pins.

New Foxdalers

Welcome to the following new Foxdale Village residents:

Blossom & Gil Aberg
 Marcia & David Beppler
 Phyllis Gardener
 Wendy & Harold Holder
 Jean & Curtis Horton
 Jeanne Miller & Mark Levey
 Phoebe Link
 Alice Mongin
 Jane & Herman Richey
 Joann Sparks
 Chin-Kai Tien
 José Ward



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It is the policy of Foxdale Village to be fully inclusive and not to discriminate on the basis of race, color, national origin, familial status, ancestry, gender, sexual orientation, religion, handicap, or disability. This policy applies to residents, physicians, and all employees and service providers.



Foxdale Residents' House Walk 2008 Team



Foxdale Residents support Habitat for Humanity in the "House Walk 2008". (above, left to right) Jane Buzzell, Jean Britton, Mary Hutchins, ("Spike" the mascot of the State College baseball team, in the center), Louise Harris and Jane Humphreys walked five miles, after which they enjoyed a well deserved rest.